



# SINAYA

Philippine Journal for Senior High  
School Teachers and Students

## Editors' Note

We have always envisioned the launching of the maiden issue of Sinaya, which according to UP Diksiyonaryong Filipino signifies “a festivity” and “first harvest of a new fishing net,” to be celebratory as the brainchild of three La Salle schools—De La Salle University Integrated School, De La Salle Santiago Zobel School, and De La Salle Lipa. With the commitment to build a culture of research and collaboration between teachers and students, this issue will showcase six articles which focus on the themes of Humanities, Social Sciences, and the Arts.

In this inaugural issue, we feature a varied range of captivating works. The first provides an inimitable perspective of a seemingly popular breakup strategy called “ghosting” by exploring the perceptions of high students of the consequences of their experiencing breakup without closure. The second article presents a two-part social psychological experiment that provides a new perspective on the interaction effects of priming and composite faces on attraction. The third one takes on a philosophical route using principles from Environmental Enrichment and Symbolic Interactionism to offer a thought-provoking argument that feline confinement is ethically justified. With social media's ubiquitous effect in mind, the fourth piece provides a relevant depiction of the experiences of social media beauty influencers as they live up to the name bestowed upon them. From a sociological standpoint, the fifth article compared Muslimahs in Manila and Marawi in terms of how their way of life influences their lived experiences and how they define modesty. Finally, the sixth paper employs an applied approach by creating a bibliotherapy storybook that portrays the hopes and challenges of a marginalized group of children. There is no denying that this first issue of Sinaya has brought to light a number of different studies, each of which offers a unique perspective on social realities to consider.

We would like to express our deepest gratitude to various people for their contributions in the fruition of this masterpiece. We are deeply indebted to the administrators of the three La Salle schools—Br. Bernard S. Oca FSC, Dr. Raymond R. Tan, Br. Dante Jose R. Amisola FSC, Br. Manuel R. Pajarillo FSC, Dr. Haidee M. Angeles, Ms. Tricia Anne M. Castro, Mr. Rafael A. Reloza, Mr. Richard T. Lasap, Mr. Raymund G. Endriga, Dr. Ethel C. Ong, Mr. Engelbert C. Talunton, and Mr. Rembrandt P. Santos (deceased)—for their valuable support on this project.



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We also acknowledge the significant contributions of Mr. Janeson M. Miranda, managing editor for HUMSS, in organizing and processing all submitted manuscripts, Mr. Leo Vicentino and Ms. April Rose C. Gonzales, the copy editors, and Mr. Mark Joseph L. Mendoza, layout artist, during the final stages of publication.

Similarly, we express our appreciation to the contributors, the reviewers, and the advisory board who selflessly dedicated their time in ensuring the success of this journal. Certainly, this project would not come to fruition without the founding editors, Mr. Christian P. Gopez, Dr. Henry Leen A. Magahis, and Dr. Analiza D. Resurreccion, and, of course, the founding adviser, Dr. Feorillo A. Demeterio III. Their professional guidance and valuable support greatly contributed to the success of this issue.

May this premiere issue inspire senior high school students and teachers to continue undertaking studies that will reach a larger audience and raise awareness of the diverse applications research contribute not only in the improvement of the academe, but also in the promotion of nation building.

The Editors,

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